

Pharmacy-Led Case Study: Immune Support in Children with Recurrent Upper Respiratory Tract Infections (URTIs) Using Imunoglukan P4H®

Child Participant Information Sheet

To be read by parent/carer to child if required

Hi,

You've been invited to take part in a study that helps us learn more about how to keep children healthy, especially during the winter when coughs and colds are common.

Please read this with your parent/carer or ask them to read it to you.

What is this study about?

This study is about learning whether a liquid supplement called Imunoglukan P4H® can help children's bodies fight coughs, colds, sore throats and earaches.

We want to see if taking this supplement every day for a few months helps children feel better and miss fewer school days when they are unwell.

Why am I being asked?

You have been asked because you sometimes get coughs, colds or sore throats, and you and your parent or carer can help us by telling us how you are feeling.

Do I have to take part?

No, you do not have to take part. It is your choice. If you say yes now but change your mind later, that is completely fine too. You can stop at any time.

What will happen if I say yes?

If you choose to take part:

- You will take a small amount of liquid supplement once a day
- Your parent or carer will help give it to you
- When you feel unwell, your parent or carer will answer some questions about how you are feeling
- You will not need to have any tests, injections or hospital visits for this study

You should still see your doctor if you feel poorly, just like you normally would.

Will it hurt or make me feel unwell?

The supplement is something that many people already use. Most children feel fine taking it, but if you feel unwell or do not like taking it, tell your parent or carer straight away.

Will this help me?

It might help you have fewer coughs and colds, but we can't promise. Even if it doesn't help you directly, what we learn could help doctors and pharmacists understand more about helping children in the future.

Will anyone know I am in the study?

Your name will not be used in any reports. Only the study team and your parent or carer will know you are taking part.

What if I want to stop?

You can stop taking part at any time. Just tell your parent or carer. You do not need to explain why.

Thank you for thinking about helping with this study.
Whether you decide to take part or not, that is completely okay.