

PARTICIPANT INFORMATION SHEET (CHILD)

To be read by parent/carer to child if required

Study title

Childhood Immunity Study

1. What is Immunity?

Immunity is like a team of tiny superheroes in your body that helps keep you from getting sick. They learn how to fight germs so you can stay healthy and enjoy playing!

2. Why is this study being done?

We're doing this study to see if a special little drink can help your body fight off germs better. This means you might get fewer coughs and colds, so you can spend more time playing and having fun!

3. Why me?

We're asking you to join our study because your body is still learning how to fight off germs that can make you sick. Sometimes, you get coughs and colds more often than others do. We want to see if a special little drink can help your body become better at stopping these germs, so you can feel healthy and play more. You could be joining 140 other children like you.

4. What will happen if I agree to take part?

We'd like you to:

- Drink a special drink every day. We'll send it to your parents at the right time.

In the first 8 weeks of the study, you will not drink the special drink until we send it to your parents/carer. You don't need to go anywhere special - everything happens on the app!

5. Will anything about the research upset me?

Most children don't have any problems when taking the special drink. But sometimes, it might make your tummy feel funny or give you an itchy rash. If you feel sick, have a rumbling tummy, or notice any itchy spots on your skin, tell your parents right away. They can help you and let our research team know. Remember, it's okay to stop being in the study if you don't feel well or don't want to continue.

6. Will taking part help me?

Taking part in this study may or may not directly help you. While the special drink (Imunoglukan P4H®) might help some children get sick less often, we can't be sure if it

will work for you. Even if you don't see any changes, the information we learn from your taking part could still be very helpful. It might help scientists understand more about keeping children healthy in the future. By joining the study, you're helping us learn important things about children's health, which is really valuable.

7. What happens when the study stops?

- We'll look at all the information your parents and other children's parents shared with us through the app.
- Our team of scientists would study this information carefully to see if the special drink helped children stay healthier.
- We'll tell you and your parents what we found out about you and about all the children together.
- We'll keep your name and personal information private. We'll only talk about what we learned from all the children as a group.
- We'll also tell doctors and other people who help keep children healthy what we discovered.

8. Will my information be kept private?

- We'll use a secret code instead of your name
- Only the scientists working on the project and people controlling the app will see your information
- We won't share your personal details with anyone else

9. Do I have to take part?

No, you don't have to! It's up to you. Please read this information above first. If you want to join, just let your mom, dad or carer know, they will tap YES on the study app consent screen. Your Mum, Dad, or Carer will need to agree by tapping YES too, to allow you to participate. If you change your mind later, that's okay! If you don't want to join, they will tap NO.

10. What you can do if you're not happy

- You can tell your parents if you don't want to continue
- You can ask us to delete your information at any time

If you have any questions, you can always ask your parents or us. We're here to help you understand and feel comfortable. See our contact details below:

Name: Godsfavour Oghifo

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11. Who has checked to say the study is OK to do?

Before any research is allowed to go ahead, it has to be checked by a group of people to make sure that the research is fair. This study has been checked by a group of people called The Reading Independent Ethics Committee.

Thank you for your time and thinking about taking part in the study.